

ANNUAL REPORT 2017-2018



2017-2018 MANAGEMENT

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2017-2018 MANAGEMENT

2017-2018 Management

MANAGEMENT COMMITTEE

Chairperson Maria Quaggan
Vice Chairperson Joni Gephart
Secretary Kerry Fryers
Treasurer Tracy Pearson
Committee members Anna Agnew

Ann Gerlach Veronica Kilrain Kasey Lewis Ana Damnabi

STAFF TEAM

Manager Samantha Williams Children's Services Joanne McGillivray

Finance/Admin Julie Taylor

Educational Leader Hollie Pattinson
Educators Deanne Bartlett
Support Educators Salma Al Saliby

Monica Budiyanto

Elena Crump Mandy Sawiak Taylah Casserly

Sarah Zamanzadeh

Debbie White

Cleaner Louise Vandersluys

Charmaine Fatin

The Yangebup Family Centre is a not for profit organisation that promotes connection and wellbeing in the local community. The centre is a cultural hub where children, families, individuals and seniors can embrace diversity and belonging.

MAJOR PARTNERS

Department of Communities

Department of Education and

Training

City of Cockburn

Linkwest

Connecting Community for Kids

Child & Adolescent Community

Health

COMMUNITY GROUPS

Crafternoon Tea

Jesus Reigns Ministry

Positive Birth Movement Cockburn

Sewciables

Women of the World

Yangebup Leisure Group

Yangebup Progress Association

MEMBERSHIPS

Australian Childcare Alliance WA

Connecting Communities for Kids

Linkwest

South West Metropolitan Partnership Forum

CHAIRPERSON'S REPORT



Chairperson's Report

Whilst there is still uncertainty around government funding the focus and emphasis has remained firmly on the best outcomes for our members and promoting activities that will strengthen and build our community.

I would like to thank all of the staff and volunteers for achieving the success we have seen in events, projects and in the growth of the centre. Your contribution is incredibly valuable and there is no doubt that you all make the centre the hub that it is.

Sam has worked tirelessly through the last 12 months to prepare for the tender submission required to secure ongoing funding from the Department of Communities. Our tender application has now been submitted and the State Government funding we currently receive has been extended to March 2019. A decision on the tender application will be announced in December this year. In the face of this added workload, Sam and the staff have succeeded in promoting a positive, welcoming environment and moved the centre forward in new ways.

Our collaborative efforts with other organisations in the City of Cockburn resulted in an MOU signed by four parties agreeing to share information, support each other's agendas and work together when required to help the community progress and become stronger.

Our goal to provide relevant outreach services in the City of Cockburn has been very successful. Well attended facilitated Play Clubs at both South Coogee Primary School and Atwell Community Centre have helped to bridge service gaps and extend our reach.

YFC's engagement with the community has gone from strength to strength this year. The results of our annual survey showed that YFC's programs, groups and events had built capacity and brought centre users closer together, facilitating our vision of strengthening and uniting the City of Cockburn. Over 90% of respondents purported to having more social connections and being more comfortable in the community after attending activities at the centre. Even more pleasing, over 95% of respondents said they have more information and are more connected to their community since becoming a user of the centre.

The committee has undertaken to develop their governance skills and explore in greater depth the compliance required by the organisation. We have included training and information days into the annual calendar to make sure we are able to serve the needs of the centre and the community into the future.

We look forward to new and exciting programs in the coming year and encourage feedback, ideas and suggestions to ensure YFC are meeting and exceeding communities' expectations.

Maria Quaggan

Chairperson, Yangebup Family Centre 2017-2018

TREASURER'S REPORT



Treasurer's Report

It is my pleasure to present the Treasurer's report for the financial year ending 30 June 2018. The centre has had a successful year finishing with a surplus result of \$17,538.

The cash reserves held by the centre have increased by eighteen percent (18%) in comparison to the previous year.

A seven percent (7%) increase in wages and salaries equating to \$22,979 is the result of the ongoing commitment to remunerating staff under the Social, Community, Home Care and Disability Services Award (SCHADS). This increase has been off-set by an \$8,573 saving in administration and consumables costs, owing to the strong expenditure focus of the management team. Increased income in the areas of fees, room hire and other income has further offset the wage increase and resulted in an \$8,933 increased surplus, compared to the previous financial year.

Overall, the centre is in a strong financial position to enter the new financial year with adequate cash reserves to meet its future obligations. In accordance with our Australian Charities and Not-For-Profits Commission (ACNC) obligations, the 2018 Financial Statements have been audited. Our auditors, William Buck, have reported that the statements fairly reflect the financial performance, financial position and cash flows of the centre, and comply with relevant Australian Accounting Standards.

Further to this, no major internal control issues were identified which is a credit to the strong financial management skills demonstrated by the centre.

The Yangebup Family centre is an important social hub within the Cockburn community. It prides itself on facilitating place-based community development and seeks to bring culturally and linguistically diverse people together and provide much needed support to local families and the broader community. The centre continues to build on its strengths and offers an outstanding range of programs.

This is my first report as Treasurer. It has been a rewarding experience to be involved with the management team this year as we've worked towards securing the future of the centre through tendering for the Empowering communities program, funded by the Department of Communities. Thank you to Sam and Julie for their tireless work in making the centre a welcoming place for everyone and ensuring its smooth running. Thank you also to the Management Committee for their support and continued dedication to the success of the centre. I wish the centre, staff and committee all the very best at this pivotal time.

Tracy Pearson

Treasurer, Yangebup Family Centre 2017-2018

FINANCIALS

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE YANGEBUP FAMILY CENTRE INC.

We have reviewed the accompanying financial report, being a special purpose financial report of the Yangebup Family Centre Inc., which comprises the statement of financial position as at 30 June 2018, the income and expenditure statement, statement of changes in equity and statement of cash flows for the year ended on that date, notes comprising a summary of significant accounting policies and other explanatory information, and the Committee's declaration.

Committee's Responsibility for the Financial Report

The Committee is responsible for the preparation of the financial report that gives a true and fair view and has determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the Australian Charities and Not-for-profits Commission Act 2012 (ACNC Act) and the needs of the members. The Committee's responsibility also includes such internal control that the Committee determines is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express a conclusion on the financial report based on our review. We conducted our review in accordance with Auditing Standard on Review Engagements ASRE 2415 Review of a Financial Report: Company Limited by Guarantee or an Entity Reporting under the ACNC Act or Other Applicable Legislation or Regulation, in order to state whether, on the basis of the procedures described, anything has come to our attention that causes us to believe that the financial report does not satisfy the requirements of Division 60 of the ACNC Act including: giving a true and fair view of the Yangebup Family Centre Inc's financial position as at 30 June 2018 and its performance for the year ended on that date; and complying with the Australian Accounting Standards, the Australian Charities and Not-for-profits Commission Regulation 2013 (ACNC Regulation). ASRE 2415 requires that we comply with the ethical requirements relevant to the review of the financial report.

A review of a financial report consists of making enquiries, primarily of persons responsible for financial and accounting matters, and applying analytical and other review procedures. A review is substantially less in scope than an audit conducted in accordance with Australian Auditing Standards and consequently does not enable us to obtain assurance that we would become aware of all significant matters that might be identified in an audit. Accordingly, we do not express an audit opinion.

FINANCIALS

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE YANGEBUP FAMILY CENTRE INC. (CONT)

Conclusion

Based on our review, which is not an audit, nothing has come to our attention that causes us to believe that the financial report of the Yangebup Family Centre Inc. does not satisfy the requirements of Division 60 of the Australian Charities and Not-for-profits Commission Act 2012 including:

- giving a true and fair view of the Yangebup Family Centre Inc's financial position as at 30 June 2018 and of its financial performance and cash flows for the year ended on that date; and
- complying with Australian Accounting Standards to the extent described in Note 1, and Division 60 of the Australian Charities and Not-for-profits Commission Regulation 2013.

Emphasis of Matter - Basis of Accounting

Without modifying our conclusion, we draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the Committee's financial reporting responsibilities under the *Australian Charities and Not-for-profits Commission Act 2012*. As a result, the financial report may not be suitable for another purpose.

William Buck

William Buck Audit (WA) Pty Ltd ABN 67 125 012 124

Conley Manifis

Director

Dated this 19th day of October, 2018

THE YANGEBUP FAMILY CENTRE INC ABN: 11 263 561 438

Committee's Declaration

Per section 60.15 of the Australian Charities and Not-for-profits Commission Regulation 2013

The Committee declares that in its opinion:

- there are reasonable grounds to believe that the registered entity is able to pay all of its debts, as and when they become due and payable; and
- (ii) the financial statements and notes satisfy the requirements of the Australian Charities and Not-for-profits Commission Act 2012.

Signed in accordance with subsection 60.15(2) of the Australian Charities and Not-for-profit Commission Regulation 2013.

Maria Quaggan

Chair

Dated this 19

day of OCTOBER.

2018

Income and Expenditure Statement For the year ended 30 June 2018

	Note	2018 \$	2017 \$
Income			
Fee income		266,574	261,429
State Government recurrent grant		64,439	63,909
Commonwealth Govt recurrent grant		14,130	13,950
Other Grants	2(a)	16,064	11,474
Other income	2(b)	58,376	46,748
Total Income	-	419,583	397,510
Expenditure			
Wages and Salaries	2(c)	(333,627)	(310,648)
Consumables		(5,975)	(7,592)
Administration expenses	2(c)	(57,489)	(64,445)
Depreciation expense		(4,954)	(6,220)
Total Expenditure	-	(402,045)	(388,905)
Net current year surplus/(deficit)	-	17,538	8,605

FINANCIALS

THE YANGEBUP FAMILY CENTRE INC ABN: 11 263 561 438

Statement of Financial Position As at 30 June 2018

	Note	2018 \$	2017 \$
Current Assets			
Cash and Cash Equivalents	3	248,204	209,011
Trade and Other Receivables	4	24,477	27,475
Total Current Assets		272,681	236,486
Non-Current Assets			
Property, Plant and Equipment	5	39,910	44,864
Total Non-Current Assets		39,910	44,864
Total Assets		312,591	281,350
Current Liabilities			
Trade and Other Payables	6	27,536	25,752
Income received in advance	7	32,124	31,795
Employee Provisions	8	24,838	16,704
Total Current Liabilities		84,498	74,251
Non-Current Liabilities			
Employee Provisions	8	8,116	4,660
Total Non-Current Liabilities		8,116	4,660
Total Liabilities		92,614	78,911
Net Assets		219,977	202,439
Members' Funds			
Retained Surplus		219,977	202,439
Total Members' Funds		219,977	202,439

Want more detail?

The full audited financial statement can be found on our website: www.yangebupfamilycentre.org/meetings

MANAGER'S REPORT



Manager's Report

A clear outcome of the last 12 months is the reframing of our work to prioritise the engagement aspects of the Centre and to facilitate community initiatives that build connection and promote well being.

We started the financial year with a celebration of our 25 year history. It was wonderful to have Minister Simone McGurk, Dr Carmen Lawrence and Minister Fran Logan attend.

The past year has again been a challenging one with continued uncertainty surrounding the future funding of the centre. Last year our funding body, the Department of Communities, announced that our next 5 year service agreement application would be going to open tender. This has made the application process much more competitive while the funding pool has remained the same. Over the past 12 months we have engaged with our community, trialled new programs and prepared ourselves for this process. Our staff and committee have been well supported by Linkwest, the City of Cockburn, the Connecting Community for Kids initiative and our community. I am very pleased to say that after months of preparing, writing and reviewing we submitted our tender application. We believe that we have submitted a strong application that shows excellent value for money thanks to the many volunteers who give tirelessly to the centre and support our community.

We were successful in being selected for the Linkwest Co-Design for Thriving Communities project and through our engagement and the development of community initiatives we have reshaped our strategic direction and increased our capacity to build connection. We collaborated with the Connecting Community for Kids to provide Cultural Cooking workshops and to support the development of the Community Mothers initiative.

We held a number of very successful events including a Seniors Week Open Day, Disability Awareness Christmas Party, Chinese New Year, Australia's Biggest Morning Tea and National Volunteer Week. We have also continued to provide quality children's programs and maintain a warm and welcoming environment.

The committee and staff continue to provide great support. Thank you to our management committee for volunteering your time and providing your expertise to assist in the development of the Centre. We are very fortunate to have an amazing staff team who do a great job to ensure the smooth running of the Centre programs and I would like to thank our staff for all their hard work. Our regular community groups are a very important part of the Centre and I would like to acknowledge their support and the great work they do in providing for the community. Finally, I would like to thank our members who provide valuable support to the Centre every day.

Samantha Williams

Manager, Yangebup Family Centre 2017-2018

CHILDREN'S SERVICES REPORT



Children's Services Report

I would like to thank our amazing staff for their continued hard work and commitment to the centre even though this financial year has been another year of uncertainty.

Another big thank you must go to Sam, our Manager, she has done an outstanding job submitting the tender and of course our management committee for all their continued support for Sam and the centre staff.

Our team of ladies work together collaboratively, and we always have a laugh and enjoy each other's company. This role models respectful and positive relationships to the children in our care.

Louise Vandersluys resigned as cleaner on the 28 August and Charmaine Fatin commenced as cleaner at the end of August 2017. Sarah Zamandazeh has been volunteering at the centre since June 2017 and commenced a Certificate III in Early Education and Care in May 2018 and she has been working as a relief educator since February 2018. Congratulations to Hollie Pattinson who is getting married on the 16 December 2018.

Kindy continues to offer an excellent 3 year old program lead by Hollie Pattinson, currently in her last year of studying her Bachelor in Education (Early Childhood), and supported by Mandy Sawiak, who finished her diploma in January 2018.

Occasional Care is a unique program that comes with its challenges however Deanne Bartlett and Salma AlSaliby run a very successful program. They have support from Elena Crump, Taylah Casserly and Sarah Zamanzadeh. Wednesdays have been our busiest day.

We worked in partnership with South Coogee Primary School in term 4 2017 and offered a Playclub session to those families attending 4 year old kindy at the school the following year. These sessions helped those children to become familiar with the school environment. This was a very successful program facilitated by Deanne Bartlett with 20 enrolled children.

Atwell Playclub opened this February 2018 on a Monday out of the Atwell Community Hall. Prior to December 2017 it was facilitated by the City of Cockburn for many years. They were closing this program and approached us with a toy donation but instead we offered to continue providing the program. It has been a wonderful addition and Mandy Sawiak has been facilitating and I would like to thank her for the amazing amount of effort she puts in.

It is a pleasure to work and volunteer at the Yangebup Family Centre.... I love being part of this community.

Joanne McGillivray

Children's Services Co-ordinator, Yangebup Family Centre 2017-2018

RECOGNITION

Recognition

FINALIST IN THE 2018 COMMUNITY SERVICES EXCELLENCE AWARDS



The Yangebup Family Centre was honoured to be a Finalist in the 2018 Community Services Excellence Awards. The awards recognise the positive difference organisations are making to the lives of individuals, families or communities through collaborative, innovative and creative programs or services.

Community Services Minister Simone McGurk announced the finalists in the 19th Community Services Excellence Awards. Ms McGurk said, "The range of projects and activities contained within these nominations is inspiring and great news for thousands of Western Australians who rely on the sector for so much guidance, support and life-affirming opportunities."

There are eight categories, that recognise individual achievements. The Yangebup Family Centre is a finalist in Category 1 – Small organisation.

The 2018 Community Services Excellence Awards are presented by WACOSS in partnership with the Department of Communities.



RECOGNITION

YANGEBUP FAMILY CENTRE RECEIVES TOP HONOURS

The Yangebup Family Centre was recognised for its hard work taking out two awards at the 2017 Linkwest Conference for Inclusion and Sustainability. The awards honour the work undertaken by Linkwest member Centres and the positive difference they have made within their communities over the past 24 months.

The Inclusion Award is given to the Centre that has made an outstanding contribution to supporting diversity and fostering inclusion. The Yangebup Family Centre has actively sought greater engagement with Culturally and Linguistically Diverse members of our community. In partnership with the City of Cockburn, the Centre has established and successfully run the Women of the World program, a community support group for women who have moved to Perth from interstate and overseas. The program has led to a range of successful events and programs, and as a result, many linkages and friendships have been formed, and the confidence of participants has blossomed.

The Sustainability Award recognises the Centre that has demonstrated commitment to the development of initiatives that improve the short- and long-term sustainability of their organisation. The Yangebup Family Centre has shown that a clear shared vision, planning for meaningful outcomes and galvanising the community, makes for a vibrant Centre. With a vision for diversity, Yangebup has encouraged new members from its community by arranging thoughtful events and providing a warm welcome to all.



Strategic Priorities

STRATEGY AREA	OBJECTIVE	KEY ACHIEVEMENTS
Community Collaboration and Partnerships	Welcome all current and potential partners and community members to actively participate in our Centre	 Co-Design for Thriving Communities project with Linkwest MOU with City of Cockburn, Meerilinga and Ottey Centre Development of Community Initiatives with Connecting Community for Kids and CoC Funding received through the Community Child Care Fund for the 'Working together with Families' project
Community Education and Participation	Connect individuals, families and services	 Successful Community Open Day – 25 year Celebration with over 500 people attending Chinese New Year event developed with community and partners Partnership with South Coogee PS to provide Playclub on school grounds Introduction of Playclub at Atwell Community Centre
Organisation and Governance	Provide high standards of governance and financial sustainability	 Implementation of the new Child Care Subsidy (CCS) program Review of current Strategic Plan and development of new Strategic direction Robust tender preparations Advocating for our Centre



A CULTURAL HUB

A welcoming environment, providing support and building capacity by developing skills and confidence of our community members.

A 2013 review of our services identified that 5% of our members were from a CaLD (Culturally and Linguistically Diverse) background. When developing our Strategic Plan we resolved to provide more opportunities to engage the CaLD target group which makes up 19% (2011 Census) of the local community. Our 2014-2019 Strategic Plan focused on growth strategies around our objective of welcoming all current and potential partners and community members to actively participate in our centre, providing opportunity for greater inclusion and diversity.

We collaborated with the CoC to provide the Women of the World group at the centre. Starting as a catalyst to meet new people and provide a local support network, the group undertakes a variety of activities including arts and crafts, hosting guest speakers and continually evolving to meet the needs of the group. A crèche is available so that mothers, who generally do not have family support, get some valuable time out and are able to form social connections.

The Women of the World group and our CaLD members have gone on to be instrumental in helping to shape the YFC's diversity vision.

As part of our strategy we committed to create a welcoming outdoor environment. We partnered with the CoC and the Women of the World support group to rejuvenate the totem poles at the front of the centre with the words 'welcome' and 'hello' in the different languages represented at our

Jay Spaker

Jay Sp

centre. The poles include flora, fauna and landscapes that reflect the cultural background of the participants. Children from the centre added their handprints to the poles.

We now plan events, with help and guidance from our CaLD members, which embrace and promote the cultural differences of the members of our community. As part of Neighbourhood Centre Week 2017 we organised an event called "Suq Al'usra" Arabic for

Family Market. The experience included traditional food, music and dancing and attracted 300 people. The feedback from this event was extremely positive.

We celebrated Harmony Day by opening the centre to the community. Families were invited to share their culture by bringing in a traditional item or a customary plate of food. These events were made so successful by the input and support of the Women of the World group.

Connecting Community for Kids (CCK) is a collective impact initiative developed to empower parents, children and professionals to improve childhood outcomes in the communities of Cockburn and Kwinana. We have been a part of the Joint Leadership Team with CCK since 2015 and have actively encouraged community members to develop their skills and confidence to volunteer on the Cockburn Decision Making Group and more recently the action teams including the Celebrate Culture Cockburn Action Team.

One of the first accomplishments of the Celebrate Culture Action Team was to host a Chinese New Year event at the YFC, the festival was an opportunity for the whole community to come together and experience Chinese culture and traditions. Action Team Community Champions helped to plan and manage the event and were very excited to have the opportunity to share their Chinese culture with others in the community.



In 2018 the CCK asked community members to join the Joint Leadership Team, the decision-making group of the initiative. Two community members representing Cockburn are also YFC members and one has a CaLD background.

The innovations introduced at the centre over recent years have had a significant impact on our sustainability. The number of people attending groups and events at the centre has more than doubled in three years, with the number of CaLD members increasing to 32% in 2017. This is demonstrative of our continued efforts to engage with members of the CALD community, partner with other organisations and to ensure that our services are culturally sensitive and approachable.

The strategies developed have created a cultural hub and a safe inclusive environment for our culturally diverse community to share and support each other where everyone is welcome. We have been able to help empower the women within our community who have grown in confidence and social skills and have become active community members. Through our co-design initiatives we will continue to build capacity in our community.

CO-DESIGN FOR THRIVING COMMUNITIES

In 2016 the YFC Management Committee began the next strategic planning cycle and investigated alternative methods to encourage more community engagement in the process. Linkwest were developing a new project to assist centres in engaging with their community and the YFC expressed interest in being part of this project. The YFC was one of four centres selected to take part in the 'Co-Design for Thriving Communities' project.

As part of the project Staff and Committee completed training on Asset Based Community Development (ABCD) with Linkwest staff. Through the training process we realised that we were already doing many aspects of ABCD. The project and the training helped to formalise the process and bring more structure to our engagement. Through this practice we have been building relationships and consulting with our community to focus on how the centre can add value to the community.

The staff and committee also commenced stakeholder mapping to explore opportunities and identify people, groups and organisations who care about our community. We considered possible project outcomes and reviewed our engagement strategies.

Our Goals for the project

- To identify ways to better engage with our community
- To identify YFC strengths
- To identify community strengths
- To identify community themes

We started by identifying events and activities already happening at the centre and looking at how we could incorporate engagement into these events.



The Suq Al'usra Family Market event was held on the 5 May 2017 and was chosen to celebrate the cultural heritage of a staff member originally from Jordan. The event celebrated cultural diversity and promoted tolerance of others. Community members completed postcards asking "I love my centre because..." and "My Big Idea for my community is...". Completed cards were displayed on the centre welcome wall.

Our Open Day on the 12 August 2017 which celebrated our 25th Anniversary attracted over 500 people with many of our stakeholders present. We engaged through one-on-one mini conversations to capture what they like about the community, what they thought could be improved and how they could help.

We invited people to attend a Community Conversation at the centre prior to our AGM on the 24 October 2017. This was an opportunity to further discuss the strengths of the centre and our community and what we would like to achieve.

Outcomes from the project

A clear outcome of the co-design project is the reframing of our work to prioritise the engagement aspects of the Centre. We have identified Community Themes, and these will be used to develop our new Strategic Plan.

Centre Strengths

Community Strengths

- Control of Control of Control	
Provides a welcoming space where	Invested in the wellbeing of the centre
people feel that they belong	(ownership)
Members are encouraged to be actively involved in the community	Keen to volunteer and contribute
Provide support and offer guidance when needed	Diverse and rich in culture
Programs and services meet the needs of our community	Strive to ensure the best for their families

Community Themes

Sustainability	Planning for change, developing strategic partnerships, expanding volunteer opportunities and ensuring effective governance
Inclusion	Providing opportunities for community collaboration and place-based services for individuals and families in our community
Environment	Creating a welcoming centre and promoting environmental responsibility and sustainable use of resources

Through this process YFC have moved to the forefront of community building based on identifying, connecting and mobilising community assets. We have been able to harness the best thinking and contribution of stakeholders and create ongoing dialogue through codesign practices with our community and all centre stakeholders.

Manager Samantha
Williams presenting on CoDesign at the Linkwest
Conference September
2017 with Linkwest Project
Co-ordinator Liz Nichols and
Bree from Kalannie CRC.



COMMUNITY INITIATIVES

Community Initiatives

The YFC has a growing base of volunteers who have identified initiatives that are supported by the centre. We provide opportunities for people in the community to assist each other with their skills and resources. Some examples of community driven initiatives over the past twelve months are provided below;

COCKBURN CREATES

The City of Cockburn have recently advertised a program called Cockburn Creates calling for community members to submit projects that will then be voted on by the community for a share in \$100 000. The YFC has supported community members to submit two applications;

The **Social Toy Box** (STB) aims to bring community together by providing a box of sand pit toys for children to use at their local park. The toys will provide children and adults with the opportunity to meet new people and create new friendships within their local neighbourhood. The STB will be located in parks throughout the CoC and filled with sand toys to encourage greater community engagement by providing a non-formal, free, easy to access, outdoor recreational meeting space in the local area. The positive outcomes for this proposal include the encouragement of free and imaginative play for children who are too young to use the existing play equipment, opportunities for multigenerational informal socialisation, reduction in social isolation, sedentary behaviours, increased community connectedness and greater utilisation of local parks which will provide more opportunities to get to know neighbours.

Science for Girls aims to engage girls in fun, age appropriate STEM (Science Technology Engineering and Maths) activities to ignite their natural curiosities and abilities in the STEM field from a young age. Science for Girls provides a safe learning space where girls are encouraged and challenged, free from the barriers that co-gender learning creates. Women tend to be under-represented in STEM education and training in most countries around the world, and Australia is no exception (Marginson, et al., 2013). The early engagement of girls in STEM has been proven to counteract the underrepresentation of females in STEM employment later in life. The YFC has partnered with Meerilinga to support this community initiative. The program will include;

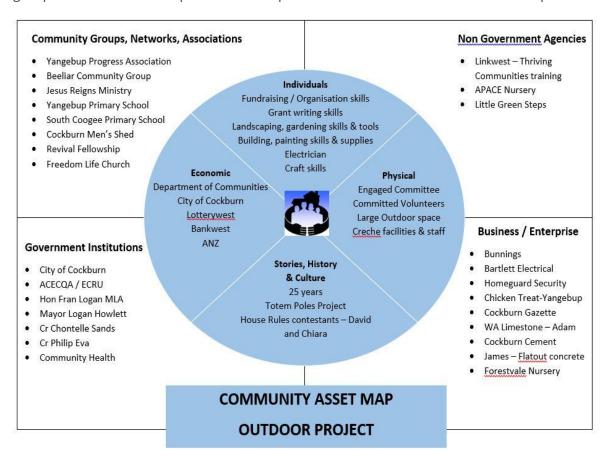
- Holiday Program sessions at YFC and Meerilinga on different school holidays
- Term program at YFC and Meerilinga run in different school terms
- STEM for Girls celebration event run at the conclusion of the program
- Classes run by female STEM workers and FEMALE Guest speakers and volunteers working in STEM

CO-DESIGN OUTDOOR SPACE

The upgrade of the YFC Outdoor Space has been identified as a priority for our community throughout our engagement activities. We identified funding through the City of Cockburn for 'Strong Communities: to build community capacity' and were successful in receiving

COMMUNITY INITIATIVES

funding to Co-Design our outdoor space. We have used an Asset Based Community Development (ABCD) approach (see Asset Map below) involving local community members, groups and businesses to plan for and implement a revitalisation of the outdoor space.





COMMUNITY INITIATIVES

PROMOTING SUSTAINABLE PRACTISES

Members of the YFC are keen to share their skills and encourage other people to be involved in their passion. We are fortunate to have several community members who care about the environment and want to promote more sustainable practises.

We run regular Boomerang Bags sessions and workshops that include beeswax wraps, cutlery wraps and produce net bags. We also have volunteers who provide information sessions to interested groups. For example, how to make your own baby wipes and alternatives to disposable nappies.



COMMUNITY LED CELEBRATIONS AND EVENTS





















We have held a range of community led celebrations and events Including Chinese New Year, Harmony Week, International Women's Day, Plastic Free July Morning Tea and Australia's Biggest Morning Tea at the centre to support Cancer Council, staff assisted with organising the event.

As part of our Harmony Week events we opened the centre to provide a celebration with the Women of the World group, Playclub and creche coming together. We also promoted to the community as an open day with new people coming along to the centre. We invited our current members to share their culture by bringing an object, a plate of food or singing a childhood song.

Connecting Community for Kids

Connecting Community for Kids (CCK) is a collective impact initiative developed to empower parents, children and professionals to improve childhood outcomes in the communities of Cockburn and Kwinana. We have been a part of the Joint Leadership Team with CCK since 2015 and have actively encouraged community members to develop their skills and confidence to volunteer on the Cockburn Decision Making Group and more recently the action teams including the Celebrate Culture Cockburn Action Team.



The CCK Initiative currently has five action teams which are adopting different strategies to improve outcomes for children. The YFC is involved in many of these initiatives that fit with the Community Themes identified by our community including;

CELEBRATE CULTURE

Throughout all stages of the engagement our community raised the need for more activities that were inclusive and welcoming of all cultures. Providing an opportunity to share traditions and stories would reduce isolation and increase education and safety. The Action Team will work closely with local government and other key stakeholders in an advisory or mentoring role and host small gatherings that promote and celebrate our vibrant culture. The YFC have supported volunteers to provide community led events and identified volunteer cultural mentors for programs such as the Cultural Cooking workshops that have been run in partnership with CoC, Meerlinga and South Lake Ottey Centre.



Chinese New Year

The Yangebup Family Centre hosted a Chinese New Year celebration as part of the Connecting Community for Kids Celebrate Culture Cockburn Action Team initiative. The festival was an opportunity for the whole community to come together and experience Chinese culture and traditions.

Over one hundred people came along to enjoy spring rolls, traditional love letter crepes and to find their luck in a fortune cookie. Children were busy making paper Chinese lanterns, crafting Chinese animal signs from playdough, dressing in cultural attire and learning how to use chopsticks. A few kids braved the Chinese lion and loved banging the drums and cymbals. Attendees were able to discover their own animal sign and learn of the character traits. Each family was handed a red envelope of lucky money (gold foil covered chocolate) as they departed to signify good fortune and positive wishes for the Lunar New Year.

Huey Teoh, Action Team Community Champion and regular attendee at Yangebup Family Centre was so pleased to see so many people enjoying the atmosphere, "I was very excited to have the opportunity to share my Chinese culture with others in my community."

Samantha Williams, Centre Manager at Yangebup Family Centre added "it was great to see so many people come along to celebrate Chinese New Year and learn about the traditions." The Celebrate Culture Cockburn Action Team is one of eight volunteer groups working with Connecting Community for Kids to implement projects in Cockburn and Kwinana. The goal of the Action Team is to promote and celebrate the vibrant cultures in the Cockburn community and provide a safe, welcoming and inclusive environment for all.

Cultural Cooking workshops

Connecting Community for Kids embarked on a series of free Cultural Cooking Classes at various Centres around Cockburn, all thanks to grant funding provided by City of Cockburn! At the Yangebup Family Centre attendees prepared Malaysian fried rice, curry and chapatti, kindly demonstrated by volunteers Huey Teoh and Kim Teoh.

These Cultural Cooking Classes are part of Connecting Community for Kids Celebrate Culture community approach. Belinda Ngoroyemoto, Cockburn Community Facilitator for Connecting Community for Kids explains "the Celebrate Culture approach provides opportunities for individuals from various ethnic groups to share their knowledge, traditions and values to the wider community. By conveying diverse wisdom and experience, we aim to raise cultural awareness, reduce isolation and increase inclusion and education."



COMMUNITY MOTHERS PROGRAM



This initiative will provide social connections for new mothers. The program provides а mentoring structure with volunteers trained and supported in conducting monthly visits to a new parent during the first two years of the child's life. This program is known to increase the mother's selfconfidence by having a nonprofessional mother from the community visit in the home and share her own experiences raising a child.

YFC members are part of the Action Team and trained volunteers. YFC will also provide office space and support to volunteers to co-ordinate the program.

DADS STRENGTHENING DADS

Feedback showed that isolation also affects fathers. CCK is partnering with The Fathering Project to launch a mentoring program for dads. Volunteer fathers will be supported to run small gatherings in a fun and engaging atmosphere to assist dads with their parenting journey. As part of this initiative the YFC is assisting with identifying volunteers, partnering with projects including Street Libraries where dads and kids build Street Libraries for the community and events by identifying appropriate stakeholders. YFC actively encourages dads to participant in Saturday playgroups and Friday Night Family Nights at the centre.

ENABLING SOCIAL CONNECTIONS

Through our engagement we found that families wanted to build on their social connections having more opportunities to connect during the school holidays. A lack of available holiday activities caused families to feel and alone. segregated Parents stated that they would prefer to pay a small fee than have responsibility of taking on tasks and running community led playgroup.



The YFC co-designed and hosted play sessions for 0-5 year olds during the October 2016 school holidays with Connecting Community for Kids to provide a place for social connection in a safe and welcoming environment. Feedback gathered from the trial identified that families with a mix of ages were still unable to attend events that only catered for the younger age group. The activities were refined to include 0-10 year olds over the summer holidays so that families with a mix of ages could attend.

The holiday play sessions have continued to be a regular part of the Yangebup Family Centre activities. As attendance continues to grow we continue to refine the sessions based on feedback from our community. In 2017 we started offering specific skills workshops in a separate room for children aged 6-12 years. Volunteers shared their skills including rock painting, photography, cooking and music, while parents attended the play session with their younger children. Feedback from parents has been very positive as they are able to attend one venue and have age appropriate and affordable activities for all ages.

The 2018 summer holiday session was very busy with over 35 families attending the play session. 58 children aged 0-5 years and 14 children aged 6-12 years participated in a cooking



workshop. It was so successful, feedback indicated that there was not enough space. We listened and in the April 2018 school holidays we moved the play session to a different day so all had more space in the venue. This was very well received by the families who attended.

The YFC appointed a Community Development Officer in July who organised NAIDOC Week activities for the July 2018 Holiday Play session. We welcomed Brenda to the centre to read stories and provide information about her culture.

This program has now been running for over 18 months and as sessions continue to be well attended it is

evident that ongoing school holiday play sessions are valued. This program now forms part of the regular activities provided by the YFC and has become an additional successful engagement opportunity for both the centre and the local community.

Testimonial – Jane Miller CCK Partnership Director

We have worked extensively with Yangebup Family Centre on a variety of trials to understand what system changes can provide the greatest impact for children and families in Cockburn. Sam and her team have been instrumental in the co-design and delivery of a new model of vacation support for families that has led to not only the increase of families receiving support during a time that can be quite isolating, but it has also resulted in the return of families to the centre who had previously felt excluded due to the age of their children.

Yangebup Family Centre is one of only a few locations in Cockburn that can facilitate community meetings as they are able to provide child care options not available in most centres. This has enabled parents who often cannot commit to supporting their community the ability to become involved in decision making for families in Cockburn and Kwinana. Enabling parents to drive community goals has built capacity and confidence to the extent that several community members now hold a paid position in the CCK governance and strategic leadership group.

The Community built by Sam and her team at the Yangebup Family Centre is inspiring and one that the whole of community would like to emulate. It is truly a model for how community space should be delivered

COMMUNITY GROUPS

Community Groups

The provision of social support and personal development activities is a priority for our community. We aim to provide individuals and families with a warm and welcoming environment to meet others with similar interests or experiences in their area and increase their participation in community activities.

YANGEBUP LEISURE GROUP

The Yangebup Leisure Group is our seniors group that meets every Tuesday from 9.30 – 12.30pm. This is a long-established group with many of the participants having lived in the area for over 50 years. The group meets weekly and organises their own activities based on the interests and assets within the group. The group provides them with social support and keeps them active and mentally healthy. The Leisure Group create beautiful woollen items to donate to local aged care facilities and raise money to support various charities. Most recently one of the ladies found some information about knitting woollen fiddle sleeves to help patients with dementia. Over the past 12 months they have made over 200 sleeves. YFC staff assist with promotion and organising regular speakers based on the interests and priorities of the group. Past presenters have included Assistance Dogs Australia, Stay on your Feet, Arthritis Association and Daily Living.

This year we celebrated **WA Seniors Week 2017** with a very successful Intergenerational Open Day thanks to the Department of Communities, Lotterywest and COTA WA for their support.



COMMUNITY GROUPS



CRAFTERNOON TEA

Crafternoon Tea sessions are held during school terms on a Tuesday afternoon from 12.30-2.30pm with a crèche provided to support local mums. This group attracts a range of people of all ages who enjoy participating in craft in a social environment. The facilitator also holds monthly craft evenings at another local venue and many of the participants also attend this activity and are able to meet other people in the community.



SEWCIABLES

The Sewciables group commenced at the centre in 2015. They meet monthly on a Saturday from 1pm-5pm to sew and chat. The ladies bring their sewing machines with them to the centre for the afternoon. These ladies sew and embroider a variety of items, such as quilts, bags, stuffed toys and household items.

COMMUNITY GROUPS

Following the success of previous years we invited two of our groups, Crafternoon Tea and Yangebup Leisure Group, to provide small items valued at \$5 for a Mother's Day craft stall. Each group provided between 30-40 items and volunteers from each group were the 'shopkeepers' for each kindy day. The kindy children brought \$5 to buy a present for their mum at the shop. They wrapped the present to give to their mums who attended the centre for afternoon tea. This was a great community activity that involved many different groups in the centre working together. The money raised for Crafternoon will provide participants with a free celebratory session at the end of the year and the members of the Leisure Group used the money to buy materials to produce much needed knitted items for the Graceford Aged Care facility.

POSITVE BIRTH MOVEMENT - COCKBURN



Positive Birth Movement - Cockburn is part of The Positive Birth Movement, a global grass roots movement, spreading positivity about childbirth. We connect pregnant women together to share stories, expertise and positivity about childbirth. Through a monthly meet up, we offer a safe space to absorb positive birth stories, share experiences and talk through feelings about pregnancy,

childbirth and postpartum. Each month we focus on a theme which aims to spark consideration, challenge perceptions and inspire confidence. We welcome absolutely anyone with a desire to connect and discuss positive birth.

JESUS REIGNS MINISTRY

The Jesus Reigns Ministry meet at the Yangebup Family Centre on Sundays for a church service followed by a shared lunch. The congregation is made up of members of the Filipino community. This year they have commenced meeting at the centre on a Saturday evening from 5-9.30pm to practise playing music and provide social support. The Jesus Reigns Ministry has also assisted us in providing and setting up their PA system for us to use at our events.

WORKSHOPS

Workshops

The development of life skills has been identified as a community need and therefore groups run by the service, or in partnership with external providers, focus on providing individuals with learning opportunities in a social environment. The 2018 Centre Survey results confirm that the centre is successful in achieving these outcomes with 91% of respondents saying they obtained useful information, 77.5% felt more confident and 70% indicated that they had developed new skills.

The YFC has established partnerships with external agencies which can contribute in-kind support. This approach has enabled us to increase the range and quality of activities and programs we provide to the community that promote the learning of new skills. These activities and programs respond to the target groups' specific requests for education through surveys, feedback forms and conversations;

During the 12 month period July 2017 – June 2018, the following activities were provided to develop knowledge, confidence and skills to help our target groups to effectively manage their own lives.

- Health and Well-Being
- Life Skills
- Parenting Workshops
- Early Years Education

The Centre Survey conducted last year identified **Health and Wellbeing Workshops** as a priority for centre and potential centre users with 65% of respondents indicating that they would like to see these types of courses offered at the centre.

Seventy-four percent of the adult population in the CoC are either overweight or obese (CoC, 2013) highlighting the need for urgent attention to promote and support healthy lifestyle choices for all community members. The Department of Health reports obesity leads to numerous health problems including heart disease, stroke, type 2 diabetes and some cancers. To combat obesity and sedentary lifestyles the YFC offers health and wellbeing information and programs and integrates healthy behaviour modelling via workshops, presentations and incorporating physical activity into programs for all age ranges from babies to seniors.

The types of programs offered at the centre include;

- Fitness Programs eg HEAL (City of Cockburn Healthy Eating Active Lifestyle) Feb 2018
- Cooking and Healthy Eating Programs eg Food Sensations in August and Nov 2017
- Fuel your Body workshop on the 15 August
- Healthy Bladder and Bowel presentation on the 12 September
- Arthritis presentation held on the 21 June 2018

WORKSHOPS

Life Skills to help improve and manage our everyday lives so that people can make the most of opportunities has also been identified as a priority.

The types of programs offered include;

- First Aid eg First Aid Demonstration for Parents provided by St John Ambulance
- Water Safety eg RLSSA presentations
- Sustainability eg Produce bags, boomerang bags, wax wraps presented by volunteers

Providing local opportunities for parents to attend First Aid workshops at a reasonable price without the pressure of exams is a priority for the centre. We linked with St John Ambulance to provide First Aid Demonstrations for Parents



and Royal Life to provide Heart Beat Clubs. One of these was provided for free through a grant from Royal Life to encourage CaLD member participation.

The Centre Survey identified **Parenting Workshops** as a priority for current and potential users of the service with 58% indicating they would like this service provided by the centre.

We partner with the South West Metropolitan Parenting Service to provide workshops with creche facilities for our community.

Programs include;

- Parenting by Connection in August 2017
- Building on Emotional Understanding in May 2018
- Connecting with your Baby presentation on the 11 June 2018

The centre prioritises **Early Years Education**. There is strong evidence that what happens in the first three to four years of a child's life is critical, and that if we get it right in the early years, children will most likely thrive throughout school and into their adult lives. The quality of a child's earliest environments and the availability of appropriate experiences at the right stages of development are crucial determinants of the way each child's brain architecture develops (AEDC, 2015).

We have developed a series of three 5 week programs that have been trialled at the centre for families with young children to develop and learn new skills together with their parents. These workshops provide an opportunity for early intervention and are particularly useful for families from a CaLD background to develop language skills, an understanding of play-based learning and providing ideas to continue development at home.

- Little Chefs nutrition program held in August / September 2017
- Little Movers movement program held in June 2017
- Little Stories language program

WORKSHOPS

The Little Chefs program encourages children to prepare healthy simple foods with the assistance of their parent. Many of the recipes are also new to the parents and they are able to take them home to make. Recipes include pancakes, pizza dough, sausage rolls, noodles, cous cous salad and fun ways to encourage eating fruits and vegetables.

The Little Movers program aims to encourage parents to learn movement challenges for their children that they could continue to develop at home or local playground. The sessions encourage singing nursery rhymes, fine and gross motor skills and exploring hand apparatus.

The Little Stories program provides an opportunity for children and parents to listen to stories and then explore play and craft activities related to the story. Children are encouraged to exchange books at the Street Library to take home and read. Parents are provided with ideas to include Storytime and language development at home.

In addition, Term 4 2017 we trialled a new program — **Ready Set Go!** This program was developed in response to feedback from parents for children getting ready for pre-kindy or kindy next year. The children explore with parent or carer for 15 mins before saying goodbye. Parents remain at the centre and have a cuppa while the children enjoy activities with the leader. This was particularly successful for parents and children who were anxious about separation.

With all of these programs we have worked together with our partners to promote the workshops. We have had new people coming to the centre to attend the workshops who have then continued on to other workshops or who have started attending one of our regular programs. These learning experiences are provided in a non-threatening environment. Participants learn new skills, discover ways of communicating, build confidence and open the door to other opportunities. These courses have enabled individuals and families to learn new skills, interact with others and collaborate on ways to assist each other.



CHILDREN'S SERVICES

Children's Services

MUMS N BUBS

Following the Early Parenting Group new mums are invited to create a new mums n bubs group or join an existing group so that they can continue to create social connections. The centre provides additional opportunities by linking in with other services to provide Baby Massage, Connecting with your Baby workshops and First Aid for babies and children.

PLAYGROUP

The Yangebup Family Centre playgroup session provides an opportunity for dads, mums, grandparents and carers, with their children aged under 5 years, to meet other local families in a relaxed and playful setting. Our facilitator provides activities and support for local

families to learn about children's development through play, talk through an issue, and find out about other activities and services in the community. Our staff provide support, information and role models parenting techniques but the focus is on providing a social experience for parents vs structured learning. The playgroup with leader has been very successful with numbers growing steadily since it was introduced at the end of 2013. We trialled running the playgroup from 9-10.30am for two years however feedback supported returning to the previous time of 9.30-11.30am. This group continues to be full with a waiting list. The mums attending this year have organised a number of social outings including playdates and dinners and have formed strong friendships outside of the playgroup.



SATURDAY PLAYGROUP

This year we have continued to offer a Saturday playgroup, that was introduced to the centre in 2015, for working parents who are unable to attend the centre during the week. This is a great opportunity for dads to attend the centre with their children with about 60% of participants being male. Saturday playgroup is offered monthly from 9.30-11.30am with facilitators providing activities, bouncy castle and sausage sizzle.

SUCCESS PLAYGROUP

In 2017 we partnered with the Connecting Communities for Kids Initiative and Success Primary School to provide a facilitated playgroup on school grounds as Success has been identified as a priority area through the recent AEDC results. The playgroup commenced in March 2017 and continued to grow with about 10 families attending regularly. These families were unlikely to have attended a parent run playgroup as they do not feel that

CHILDREN'S SERVICES

they have the skills or time to commit to this style of program. Feedback provided includes "It has been fantastic having the playgroup at the school and starting soon after school start time. It is so convenient for those of us with kids at the school. This has been great for my child and we look forward to it every week." Unfortunately, we have not been able to run this program at the school in 2018 as the school did not have a classroom available.

CRÈCHE

The centre provided one crèche session in 2013 to support parents attending crafternoon tea, this continued in 2014 and an additional crèche session was provided for parents to attend other workshops offered at the centre. In 2015 we introduced a third crèche session so that we could provide crafternoon tea and the Women of the World with ongoing support and continue to provide a variety of other workshops with a crèche. In 2017 we have introduced a mobile creche so that we can further assist families in being able to access education and social support.

SCHOOL HOLIDAY SESSIONS

We have continued to provide school holiday sessions which have been very successful and continue to be refined based on feedback received from families.

PLAYCLUB

The Yangebup Family Centre provides Playclub programs that help families to develop life skills and positive self-esteem. In 2017 we offered two sessions of 1.5 hours at the centre. In 2017 we provided a facilitated Playclub program in partnership with the **South Coogee Primary School** for children enrolled to start 4-year-old kindy in 2018. This program was very successful, and the school has asked us to offer the program again in 2018. Plans are currently being discussed for this to be an ongoing program at the school from 2019. We currently provide free bread to the school for their before school Breakfast club.

In February 2018 we commenced providing a facilitated Playclub program at **the Atwell Community Centre** and have created partnerships with Atwell Community Health, Atwell Playgroup and Atwell Primary School. We attend local events such as the CoC Cultural Fair.

The centre runs a Playclub program which is designed to be a 'stepping stone' from playgroup to kindergarten or for those families who do not attend other programs before entering school. Facilitated by centre staff, Playclub provides a low-cost fun-filled, educational environment for children 2–4 years of age while a parent/guardian is in attendance. Playclub provides a community hub for families to meet prior to their children first attending school. This is an important bridge for families who do not use other early years programs such as childcare or prekindy to reduce isolation and remove barriers.

The program is provided in an activity room with access to age appropriate toys and a large outdoor play area with safe play equipment. Our playclub with crèche session (which runs

CHILDREN'S SERVICES

concurrently with the workshops and crèche) was introduced in 2014. This has been well received by those parents who could not normally attend playclub as they didn't have anyone to look after their younger child. Playclub provides an opportunity for Pre-Kindy children to be introduced to a classroom environment with parental support. Playclub promotes a fun filled learning environment whilst encouraging independence and social interaction.



KINDY

Our Pre- Kindy program ran three days in 2017 and 2018. The program is based on the early years learning framework. The 3 Year Old Kindy Program offers fun, educational activities that are developmentally appropriate in a semi-structured form. Kindy is an opportunity for young children to familiarise themselves with classroom routines. Kindy provides emotional, physical and intellectual development as well as social awareness and interaction skills. We have a diverse range of families attending our kindy program with over 20% from Culturally and Linguistically Diverse backgrounds.

KINDY ORIENTATION

We have continued to offer kindy orientation sessions in February. The parents spend the first hour in the room with the children and leaders, they then left the room for the second hour. We provided refreshments, an opportunity for parents to meet each other and a presentation which included information about the centre, how we support the community and the other services that we offer. From these sessions we have had several parents join other programs in the centre. We continue to build on these social connections with events offered throughout the year where family members are invited to attend the kindy sessions including Harmony Week, Easter, Mother's Day, Father's Day, Grandparent's Day. We also offer regular Cuppa'n'Chat sessions where parents can build networks.

OCCASIONAL CARE

Our Occasional Care program runs three days per week from 8.30am to 3.30pm. The program provides an opportunity for parents to attend to other commitments whilst their children are cared for in a safe, nurturing environment. Occasional Care offers an educational program provided by qualified and experienced staff. Childcare is available for children 8 weeks to 6 years old and we are CCS Approved.

Care provided to 129 children from 97 families

Average Attendance 13.7 per day



CELEBRATING 25 YEARS IN OUR COMMUNITY

Celebrating 25 years in our Community

This year we celebrated 25 years of providing for our community with special Community Open Day held on the 12 August.

Special guests including Hon Simone McGurk (Minister for Communities), Hon Dr Carmen Lawrence (former Premier), Hon Fran Logan (Minister and Member for Cockburn) and Mayor Logan Howlett (City of Cockburn) mixed with locals, past members, committee members, staff, partners and volunteers for a day of celebration.

The Leeming Area Band Clarinet Ensemble and Choir4kids provided entertainment. There were a host of activities for the kids including henna, face painting, reptile handling, karaoke and a bouncy castle. A wide range of community stalls provided local information which included Neighbourhood Watch, resident associations, Little Athletics, Girls Brigade, City of Cockburn Family and Support services, Connecting Communities for Kids and centre groups like Crafternoon Tea and our seniors group, the Yangebup Leisure Group.

A special presentation was held with Minister McGurk and Dr Lawrence presenting awards of recognition to past members of the Yangebup Family Centre. Minister McGurk said "Centres like this really are the pulse of the local community and, from a State Government point of view, we recognise that and we want to do all that we can to continue to support centres like this."















CELEBRATING 25 YEARS IN OUR COMMUNITY



The Yangebup Family Centre welcomed Dr Lawrence back to the centre after originally opening the centre on 14 August 1992 as part of a government initiative to invest in a program that would be good for the long term. Dr Lawrence said "They work extremely well. The education of children, play opportunities, the connection of parents, the reduction of isolation, the place for people to come and do other things. These were all our goals and I've seen them realised in spades. That small investment all those years ago, and frankly the small investment today still on a recurrent basis, produces outcomes that I think we should never underestimate."

Over the years the programs provided at the Yangebup Family Centre have changed as the community has evolved. From Tai Chi to Facebook for Beginners, from the Country Women's Association to Women of the World. The centre currently provides a home to 14 regular groups and a wide range of workshops with around 500 families attending regularly.

Dr Lawrence added, "This is not about service delivery, this is about community building community participation."

Volunteers

COMMUNITY REPRESENTATION

We are very fortunate to have a strong committee of community members who help to drive the strategic direction of the centre and support our staff. A huge thank you to our committee members.



This year we welcomed Maria Quaggan as Chairperson. Maria has embraced the position with enthusiasm and is keen to continue building the capacity of the committee and the centre.

Maria Quaggan - Chairperson

Since emigrating from the UK I have worked in manufacturing for 11 years in management roles. My professional experience is complimented by a BA (Hons) Degree in Media and Communication and Masters Business Management. I joined the Australian Institute of Company Directors in 2016 with a view to gaining a board role and working towards a long-term career in Governance. I have since completed the AICD's Governance for NFP Directors course and will soon study for the full Directors Course after being offered a scholarship earlier this year.

Joni Gephart - Vice Chair

I am a qualified bookkeeper, payroll and marketing manager and I am currently employed as an office manager. I joined the committee in 2013 to be a part of the growth of the centre and to gain experience before returning to the workforce. I stayed after my children left the centre to continue my service and to show my children the importance of volunteering.

Kerry Fryers – Secretary

Currently working as a leader in the aged and disability sector. I am studying my Masters Business Administration (MBA) and seek to diversify my community work experience in a Non-Government setting that allows me to utilise my existing and developing skills, knowledge or expertise.

Tracy Pearson – Treasurer

Prior to the birth of my son in 2012, I spent 18 years working in the mining sector, most recently as a process design and improvement specialist. I joined the YFC committee as I have frequented the centre for the last 6 years. I have found fantastic support in my mothering journey and a sense of community that I value and wish to see maintained for as many local people as possible.

Committee Members – Anna Agnew, Ana Damnabi, Ann Gerlach, Veronica Kilrain and Kasey Lewis – thank you for your support.

NATIONAL VOLUNTEER WEEK

This year we were successful in receiving funding for National Volunteer Week. We partnered with the Yangebup Leisure Group, Yangebup Progress Association and Beeliar Community Voice to provide an event to celebrate our volunteers. Representatives from Connecting Community for Kids and Cr Sands and Cr Eva attended the evening and assisted with the presentations.







Lora Bikic originally attended the centre with her children as a parent. This year she came and volunteered in the office and assisted with organising events. When a position became available for a **Community Development Officer** we were delighted when Lora was able to accept this position commencing 2 July 2018. Lora will be helping to deliver the "Working together with Families program".

Bethany Brajkovich volunteered at the centre for six months as part of her student practical placement and provided valuable contributions to the centre. She was enthusiastic, and keen to apply her theoretical knowledge to real life scenarios. We wish Bethany success in completing her degree and her future career.

Sarah Zamanzadeh started at the centre as a volunteer in 2017. Sarah moved to Perth from Iran and has introduced us to her Persian culture and provides us with delicious food. She has commenced studies in Cert III Early Education and Care. The care and attention she gives to the children is meticulous. She has been a wonderful addition to our centre family. Last year she was nominated for the City of Cockburn Volunteer Awards, pictured right attending the awards with Samara Jelinek, nominated for her role as treasurer, and Jo McGillivray.



Ann Gerlach has volunteered her time and expertise to provide a range of Plastic Free July Workshops and Busy Bees including Boomerang Bags and Wax Food Wraps. Ann is an amazing supporter of the centre and we greatly appreciate all that she does.

A sub-committee was formed to support the Outdoor Project – thanks to **Ashlee Ricciardi, Jenna Rosier and Chiara Clarson** for helping in the background and organising the project. The outdoor project had a vast number of volunteers supporting the centre in the revitalisation of the outdoor environment and their support made it a huge success.

Scholastic Book club is offered at the centre to encourage families to buy books as reading to your children is so important. We would like to thank **Catherine Winstanley** for being the book club co-ordinator for the past five years.

In 2014 we commenced with a volunteer who collected bread from the local bakery once a week. We would like to thank **Greg Gendron**, **Jodi Newman and Angela Hartley** who have assisted with the collection of bread over the past 12 months. This brings new people into the centre who come to collect bread for their families and start to find out about what other services are offered at the centre. With the closure of the Spearwood bakery we are now partnering with a bakery in Leeming to continue offering this service.

We have also had numerous volunteers assisting in other ways.

We would like to thank the following people for volunteering at the centre;

- Karen Becker
- Wendy Maher
- Tamara House
- Gemma Collins
- Valeriya Kovalyshen

ANNA'S STORY

Anna has been a member of the YFC since the beginning of 2015 when she first joined playgroup with her one year old son. They live in Yangebup, just over the road from the centre and she was keen to meet local families and for her son to interact with other children. Originally from the UK Anna had only been in Perth a year before having her son and with no family support, apart from her husband, she was looking to make connections with families in similar situations.

"The staff have always been very welcoming and provide great support and activities for the children and 4 years on, now with my 18-month-old daughter I still enjoy attending playgroup." said Anna

Through attending the centre regularly, Anna has grown in confidence in both parenting skills and the ability to talk to others as a valued community member, which was not something she had considered an important asset until she had children and wanted to feel part of the local community.

Anna says "The Family Centre staff encouraged me to join the management committee in 2016 and having gained an understanding of the importance of the centre in the community I was keen to join in the CCK initiative to continue to support the Family Centres' efforts. The centre has regularly provided the creche for CCK meetings which provided the peace of mind that I needed to know that both of my children would be well cared for by staff that they both knew and enjoyed spending time with, while I was engaged in another activity."

Through her involvement in the centre Anna has gained the confidence to express her opinions on matters that affect or concern local families, and the drive to join the Cockburn Decision Making Group for CCK in 2017. This year Anna has been selected as a community member for the CCK Joint Leadership Team where she provides a community voice for families in the City of Cockburn.

With the support of the YFC Anna has applied for the Cockburn Creates initiative to provide Social Toyboxes in playgrounds around the CoC to encourage more people to be out in the community and meeting their neighbours.

ADVOCATING FOR OF OUR CENTRE

Advocating for of our Centre

Over the past twelve months we have supported Linkwest in campaigns to raise the profile of our centres and to ensure the future of Neighbourhood centres.



"It feels like home.
The staff are amazing and
we have made some great
friendships with the families
that attend here."



Lauren, Yangebup Family Centre

Neighbourhood Centres At the of Your Community



We were very privileged to have the Linkwest Board visit our centre. They had the opportunity to see our centre in action! Manager Sam Williams and Linkwest CEO Jane Chilcott discuss how the totem pole project helps to build community.

We collected signatures and attended Parliament House where Jane Chilcott presented the petition to Hon. Tjorn Sibma, Shadow Minister for Communities as part of our public campaign to save Neighbourhood Centres.



Partnerships

The operation of the service is supported by our major funding partners;

- Department of Communities (formerly DLGC) through the Community and Neighbourhood Development Services (CNDS) Funding
- Department of Education and Training through the Community Support Program (CSP)
- City of Cockburn through Donations and Grants program

The Yangebup Family Centre has established a range of partnerships which has enabled it to increase its capacity and reach within its service delivery area. The Organisational Asset Map below illustrates our key partnerships and networks.



We have a strong relationship with the **City of Cockburn** and work closely together to provide opportunities relevant to our community such as the Women of the World program that we provide in partnership. The CoC engage with us and our community when they are seeking input for their strategic planning. The CoC is currently developing a **Cultural**

Diversity and Inclusion Strategy 2018-2023 and we have attended and promoted forums. The CoC is also developing a **Revitalisation of Yangebup Strategy** and we have hosted the sessions and also encouraged members of the community to attend. We work together to provide a range of short-term programs such as **Healthy Eating Active Lifestyle (HEAL)** and **Food Sensations**.

The YFC has close links with **Connecting Communities for Kids**. Our strong ties with CCK and our local community enable YFC to work towards reducing social isolation, increase health and wellbeing and empower local members to be champions within their community. The YFC is a member of the Joint Leadership Team for the CCK Initiative. This initiative is funded by Woodside and involves partners from State Government agencies including the Department of Communities, CoC, City of Kwinana, Meerilinga, Ngala, KEYS, the Smith Family and YFC with a MOU and Terms of Reference. The project is about empowering parents, local services, industry and civic leaders in the community to work together and make a difference in the lives of children from pre-birth to 8 and their families. The YFC was involved in some of the initial steps including holding a 'Conversation in a Box' as part of the consultation phase of the project and attending meetings to develop the governance structure. We were invited to join the **Joint Leadership Team** from September 2015 and this has been an ongoing. This initiative has provided an opportunity to collaborate with other agencies, gain knowledge and engage in new ways.

Linkwest provide opportunities for the YFC to develop new skills and access training to ensure that we provide best practise community programs. In 2016 the Management Committee identified the need to start planning for the development of the next strategic planning cycle and investigated alternative methods to encourage more community engagement in the process. Linkwest were developing a new project to assist centres in engaging with their community and the YFC expressed interest in being part of this project. The YFC was one of four centres selected to take part in the 'Co-Design for Thriving Communities' project.

Through this process we have taken steps forward in a process of community building based on identifying, connecting and mobilising community assets. We have been able to engage the best thinking and contribution of stakeholders and work toward creating ongoing dialogue and other co-design practices with our community and all Centre stakeholders.

At the conclusion of the project Linkwest produced a 5 minute video about the involvement of the YFC in the project.

Link: https://www.youtube.com/watch?v=vcvaaFWu9UA



We have developed a relationship with the **South West Metropolitan Parenting Service** who provide parenting workshops and support in the South West Metro area. We engage with them to deliver programs relevant to our community and provide a creche to assist parents to be able to attend. We also promote other programs running at other facilities.

The **Child and Adolescent Community Health Centre** is co-located in the same building as the Family Centre and the Child Health Nurse provides a series of four workshops to new parents in the area. These workshops provide new families with parenting skills and the opportunity to meet other new families in the local area. This is often the first time that they have accessed the centre and we are able to welcome them to the centre and provide them with information about the services we provide. The centre has partnered with the Child Health Nurse to have a staff member attend one of the sessions for each new parent group and provide information about the centre and services provided and collect details for our newsletter mailing list. This is a great opportunity to engage with new families and we find that many return to the centre to attend programs over the subsequent years.

The Yangebup Progress Association meet monthly at the centre. We are working together to promote local information by sharing Facebook news and promoting activities through our networks. We have worked together to promote community clean up days, planting days, swap meets, community ideas to upgrade playgrounds and Islam awareness session. One of the mums who attends our playgroup was identified as a possible committee member and she volunteered to be secretary in 2017.

The centre has commenced providing a **mobile creche service** to assist partners in providing services to more people. This service commenced in 2017 and we have provided a mobile creche at other venues for Connecting Community for Kids and the City of Cockburn.

YFC has recently partnered with **Edith Cowan University** to offer final year students' practical placement at the centre. Students are given opportunities to enhance their studies by working at the centre. The first practical placement student said: 'I have loved my time at the YFC. I have learnt so much about the critical impact that the YFC has on its clients and the local community. Sam and Jo have both provided me with guidance and opportunities to apply my theoretical knowledge to real life scenarios. It is wonderful to see that the latest knowledge and research in child development and family support is being applied in practice at the YFC.'



We were successful in receiving funding from **Disability Services** and provided a Christmas Party with almost 200 people attending. This event celebrated Disability Awareness Week with lots of inclusive activities and information. Santa was our very special visitor who provided all children with a book.

The centre has also participated in programs promoted by other organisations such as;

- Neighbour Day
- Biggest Morning Tea
- National Families Week with Families Australia
- Neighbourhood House Week with Linkwest
- National Volunteer Week
- Harmony Week
- NAIDOC week
- Red Nose Day
- Pirate Day
- National Superhero Week for MS
- ATSI Children's Week (pictured right)
- 16 Days in WA Stop Violence Against Women
- Seniors Week
- Disability Awareness Week



These events raise awareness about others and provide support pathways to individuals and families.







25 Nov - 10 Dec

PARTNERS

Partners

We are proudly supported by the following partners;

The Yangebup Family Centre is funded by the State Government through the Department of Communities













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